



Holder's Hill SDA Family Life Ministries 22-Day Prayer Challenge

Col 4:2 - Devote yourself to pray, being watchful and thankful.

Why Should I Complete the Prayer Challenge?

Why should you not want to complete the prayer challenge? This world needs prayer, our communities need prayer, our church needs prayer, our families need prayer, and we need prayer.

Mark 11:24 - *Therefore I tell you, whatever you ask for in prayer, believe that you have received it and it will be yours.*

What Do I Pray For?

This 22-day challenge will guide you to what you should pray for each day. It is not to be used as a control tool but rather to add to your daily personal goals.

Romans 8:26 - *The spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes with the will of God.*

Who Do I Pray With?

This 22 day pray challenge was designed in a way that you can reap the benefits of prayer whether individually, in peers, or, in groups. However, selecting a prayer partner acts as a reminder that you have to pray daily and it builds friendships and relationships.

Matthew 18:20 - *Where two and three are gathered in my name, I am there among them.*

Where and When Should I Pray?

Find a quiet place, where there are little or no distractions. Early in the morning or late at night, when everyone is asleep can also work.

Matt 6:6 - *But whenever you pray, go into your room, close the door, and pray to your Father in secret. And your Father, who sees in secret, will reward you*

How to Pray?

Don't beat yourself up. Even the disciples didn't know how to pray. (Luke 11:1) One of them said, "Lord, teach us to pray." Jesus replied, "When you pray, say this..."

Our Father who art in heaven

Hallowed be thy name.

Thy Kingdom come

Thy will be done,

On earth as it is in heaven.

Give us this day, our daily bread

And forgive us our debts as we forgive our debtors

And lead us not into temptation, but deliver us from evil

For thine is the kingdom and the power and the glory

forever.

Amen

<u>Day</u>	<u>Text</u>	<u>Prayer Application</u>
1 [June 4]	Matt 17:21	<i>Patience to follow where God leads</i>
2 [June 5]	James 1:5	<i>Wisdom and knowledge</i>
3 [June 6]	Hosea 14:9	<i>Spirit of discernment</i>
4 [June 7]	Ecc 12:1	<i>Youth of our churches</i>
5 [June 8]	Psa 29:1	<i>Our country - Peace and Wisdom</i>
6 [June 9]	1 John 4:7	<i>Broken families</i>
7 [June 10]	Luke 17:19	<i>Persons suffering with health issues</i>
8 [June 11]	Jer 3:15	<i>The Pastor and his family</i>
9 [June 12]	Gal 6:9	<i>Our church leaders</i>
10 [June 13]	Matt 6:20	<i>Heaven-ward bound</i>
11 [June 14]	Matt 20:32	<i>What do you want God to do for you?</i>
12 [June 15]	1 Peter 4:8	<i>My personal family</i>
13 [June 16]	Psa 37:4	<i>My personal life</i>
14 [June 17]	John 15:7	<i>My spiritual life</i>
15 [June 18]	Prov 3:7-8	<i>My health</i>
16 [June 19]	Psa 34:10	<i>My finances</i>
17 [June 20]	Phil 4:133	<i>My education &/ job</i>
18 [June 21]	Matt 5:16	<i>My light to shine/ My witness</i>
19 [June 22]	John 13:34-35	<i>My brothers and sisters in Christ</i>
20 [June 23]	Gal 2:20	<i>Prayer of Faith</i>
21 [June 24]	Rev 12:11	<i>Prayer of Testimony</i>
22 [June 25]	1 Tes 5:17	<i>Prayer of Thanksgiving</i>

2 Chronicles 7:14

When my people humble themselves [**What God expects of us**]

the ones who are called by my name [**That's you**]

and PRAY and SEEK me [**That's YOUR challenge**],

and turn away from evil practices [**You can do that**],

I MYSELF WILL LISTEN from heaven [**He's listening to your prayers**],

I will pardon their sins, and I will RESORE their land. [**That is HIS PROMISE**]